



THE UNIVERSITY OF ARIZONA  
COLLEGE OF MEDICINE TUCSON

Arizona Perinatal  
Psychiatry Access Line



*This photo is a stock image intended for illustrative purposes only. These individuals are models.*

# Arizona Perinatal Psychiatry Access Line

Is your patient pregnant or postpartum and struggling with  
substance use and/or their mental health?

**Call 888-290-1336**

to consult with perinatal psychiatrists who will provide free  
clinical guidance, M-F, 8:30 a.m.-4:30 p.m.

*APAL is a free statewide perinatal psychiatry access line funded by AHCCCS.  
In addition to our access line, we also offer a variety of trainings as well as  
numerous resources for families and medical providers at **APAL.arizona.edu**.*



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up for our newsletter.

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